

AVENEL PRIMARY SCHOOL

OUR MISSION:

To inspire academic excellence, social and emotional growth and community contribution in a collaborative environment.

Newsletter No: 22

26th July 2023



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After Hours Number - 0403 565 119

Students of the Week

Recognising and celebrating achievement of our values



Be a Learner

Neo Newell - For his persistence and resilience to overcome challenging activities.

Ingrid Croxford - For working hard and trying her best on her number fluency goals.

Indi Trim - For her improved focus on her written work.

Georgie Gurkin - For her dedication and attention when reading independently each morning.

Blake Ackerley - For writing an entertaining ode to dirt bikes, using a range of figurative language.

Give Something Back

Rayden Hannigan - For using his initiative and helping all members of the school community.

Francesca Papi - For always offering to help set up the classroom for the day.

Amelia Van Dyk - For always ensuring the classroom is neat and tidy.

Carrye's Report



Last Friday we had the pleasure of watching a fantastic performance by the Flinders Quartet. Their webpage states "They are a quartet for the 21st century and a highly respected force in Australian chamber music, entering their third decade with acknowledged musical skill and maturity". We thoroughly enjoyed the performance, and the students showed their appreciation with a standing ovation! A big thank you to Anne Douglas for organising this unique experience for our students and staff.



Our Energy Breakthrough teams have begun training in the bikes and after school on Thursdays. Last week they spent some time learning about the gears in the bike and getting the feeling for riding whilst essentially laying back. The feedback was that it's heaps of fun and our next goal is to get a little quicker!



If you are enrolling a student at Avenel Primary School or if you intend on moving schools next year, can you please contact Vicki in the office to let her know as we are currently submitting our enrolment projections for 2024 to the department.

Your feedback is always welcome at carrye.malone@education.vic.gov.au or 0400 245 336.



Avenel Primary School acknowledges Aboriginal and Torres Strait Islander peoples as the traditional custodians of the land and acknowledges and pays respect to their elders, past and present.

CALENDAR OF EVENTS

MONTH	DATE	EVENT
July	27 th	Gnarly Neighbours - Junior
	31 st	Bookclub Orders due
August	3 rd	Gnarly Neighbours - Senior
	8 th	Student Progress Interviews – 3.30-6.30pm
	9 th	Student Progress Interviews – 3.30 – 5.00pm
	14 th	Science Week Commences
	16 th	Family Science Experience Day 11.50am – 1.50pm
	21 st	Book Week Commences
	23 rd	Book Week Celebration Morning – Book Parade Theme - 'Read. Grow. Inspire.'
	24 th	Gnarly Neighbours - Junior
	31 st	Gnarly Neighbours - Senior
September	1 st	District Athletics
	13 th	Gr 5-6 Production
	15 th	Last day Term 3
October	2 nd	1 st Day Term 4
	18 th – 20 th	3 day bike hike
November	13 th 14 th & 15 th	Gr 3-4 camp
	18 th	School Fete
	22 nd – 24 th	Energy Break Through
	27 th	Smile Squad Dental Van visit
December	20 th	Last day Term 4

HAPPY BIRTHDAY – Scarlette Kirby, Yani Chiswell, Marlee Eagles and Max Day



Avenel Odd Job Organisation

We are looking to form a volunteer committee of Avenel adults that would be willing to assist us with odd jobs and maintenance around the school.

How it would work: when jobs arise around the school the group will be contacted and those that were available to help (no obligation) would organise to get the job done. If you think this could be the volunteer role for you, please contact the office to leave your contact details.





Naidoc Week Celebration Activities

By 3/4M

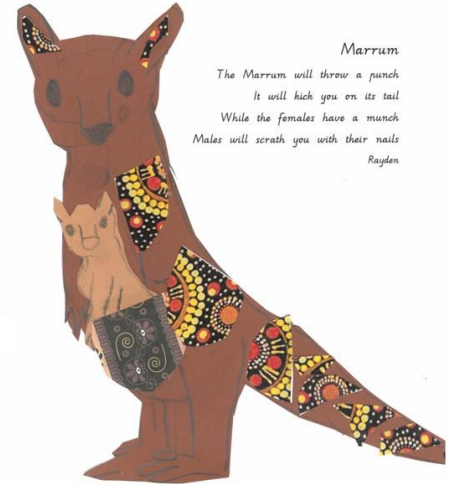
Students learned the names of our native fauna in the Taungurung language and then chose an animal or bird to write a poem about.



Gularnun
The gularnun slithers through nature
 Waiting for the perfect flavour
 Of pray so that it can gobble
 And so it wobbles.
 Sophie

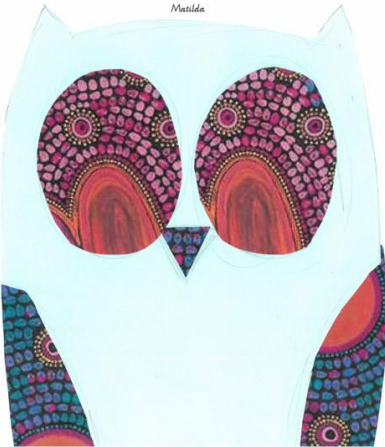


Bulok Bulok
 Bulok Bulok's have feathers of brown
 Riding thermals and swooping down
 Talons that are super sharpish
 Grabbing hold of mice and fish
 Layla

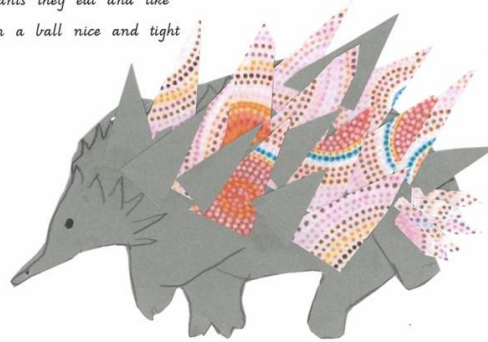


Marrum
*The Marrum will throw a punch
 It will kick you on its tail
 While the females have a munch
 Males will scratch you with their nails*
 Rayden

Muk Muk
 Up there in the tall tree
 A Muk Muk you will see
 Big eyes and little wings
 Loud in the night she sings
 Matilda



Garwarn
 Garwarn has sharp spikes
 Don't be scared, do not fright
 Only ants they eat and like
 Roll in a ball nice and tight
 Tilly

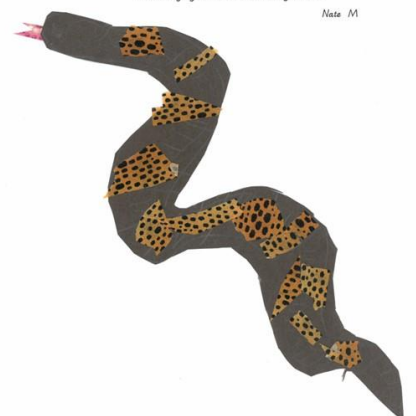


Marrum
 Wow look at the creature tall
 Its powerful kick is super strong
 You will have to go to hospital
 Jumping high and bounding along
 Ella

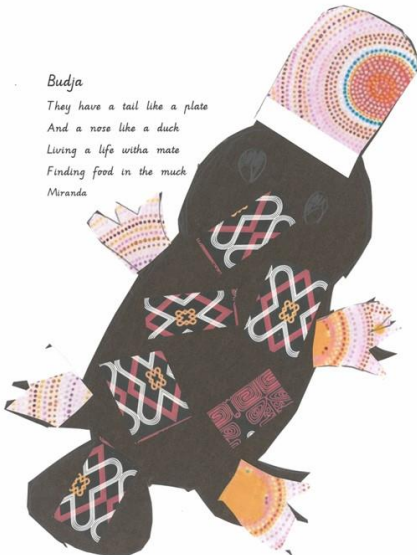
Garwam
 Wow! Look ouch! My arm
 Yikes! What is that thing?
 Cool it's a Garwam
 It's sharp spikes. Shing!
 Isla



Darrandel
 Bands of light and scales of dark
 Hide under leaves and bark
 Silent slithers across the ground
 Warning you with a hissing sound
 Nate M



Budja
 They have a tail like a plate
 And a nose like a duck
 Living a life with a mate
 Finding food in the muck
 Miranda



Garwan
 Scuttering along the dry
 bush land
 Beware of touching
 your soft hands
 Big brown spikes will
 give you a fright
 Ouch! I thought that Garwan
 was out of sight
 Sebastian



Education

Wellbeing and Positive Education Our Well-Being Philosophy

Avenel Primary School's educational philosophy is based first and foremost around student wellbeing. We strive to make deep connections with students and the community in order to create a firm foundation for student success in all aspects of school life. Our Positive Education program draws on the best and most effective programs to develop the whole student, to build understanding of experiences and challenges we are faced with in modern society and develop coping strategies and build familiarity with resources that can be used to work through these life experiences.

Rights, Resilience and Respectful Relationships

Respectful Relationships education is a core component of the Victorian Curriculum from foundation to year 12. It is all about embedding a culture of respect and equality across the entire school community.

The **Resilience, Rights and Respectful Relationships** learning materials have been designed for teachers in primary and secondary schools to develop students' social, emotional and positive relationship skills. Efforts to promote social and emotional skills and positive gender norms in children and young people has been shown to

improve health related outcomes and subjective wellbeing. It also reduces antisocial behaviours including engagement in gender-related violence.

The Resilience, Rights and Respectful Relationships (RRRR) learning materials cover eight topics of Social and Emotional Learning across all levels of primary and secondary education: Emotional Literacy; Personal Strengths; Positive Coping; Problem Solving; Stress Management; Help Seeking; Gender and Identity; and Positive Gender Relationships.

This term at Avenel Primary we will be continuing to work through the program. The following page has some suggestions for some ways you can discuss the concepts and themes with your child at home. All learning materials can be accessed online at:

<https://fuse.education.vic.gov.au/ResourcePackage/ByPin?pin=2JZX4R>

Stress Management

LEVEL	GOAL	ACTIVITY
FOUNDATION	Identify activities that can help to reduce our stress levels.	Ask your child to interview different family members and then draw a picture of them. Your child can ask: What do they like to do to help them calm down or cheer up?
LEVEL 1 - 2	Recognise how stress can feel in the body.	With your child, tell each other about a situation when you felt stressed. How did the body respond to this stress (e.g. sweaty palms; butterflies in your tummy).
LEVEL 1 - 2	Discuss coping strategies for stress.	Write a list of actions with your child that you can take to deal with stress, fear or anger. Name this list: Our Family's Calming Strategies. Display this list somewhere at home.
LEVEL 3 - 4	Identify a range of strategies that can be used to deal with strong emotions.	With your child, come up with a list of positive strategies your family can use to relax or calm down.
LEVEL 3 - 4	Put a stress management strategy to practice.	Do something active with your child. Turn off screens, get out and play in the backyard, listen to music, draw together or have a dance!
LEVEL 5 - 6	Identify ways to cope with stress	With your child, share a time you felt stressed and explain how you managed this. Then swap!
LEVEL 5 - 6	Practice ways to cope positively with stress	Create a stress-free space or a space within your home that your family can use to wind down

Help Seeking

LEVEL	GOAL	ACTIVITY
FOUNDATION	Identify people who we can go to for help.	Make a "hand" or "star" to show five people your child can seek help from. Use it as your family plan by writing it up and placing it somewhere it is visible to everyone.
LEVEL 1 - 2	Work with and support each other.	Encourage your child to help a family member with a something around the house, such as clearing the dishes after dinner.
LEVEL 1 - 2	Identify people we can go to for help.	Make a "hand" or "star" showing five people your child can seek help from. Use it as your family plan by writing it up and placing it somewhere visible to everyone.
LEVEL 3 - 4	Identify people who we can go to for help.	Make a "hand" or "star" showing five people your child can seek help from. Use it as your family plan by writing it up and placing it somewhere visible to everyone.
LEVEL 3 - 4	Practice our help seeking and giving skills.	Discuss with your child. Imagine a friend comes to you for advice. They tell you somebody has been mean today online. What advice would you give to your friend and why?
LEVEL 5 - 6	Identify ways we can help others.	With your child, draw a star and on each tip name five people they have helped or provided support to this week, and how.
LEVEL 5 - 6	Identify people we can go to for help.	Make a "hand" or "star" showing five people your child can seek help from. Use it as your family plan by writing it up and placing it somewhere visible to everyone.

General Information

SUBJECT CONTRIBUTION – School Council have set the Subject Contribution for this year at \$245 per student This amount is usually paid in Term 1 but other arrangements can be made if you are struggling to make payment. The subject contribution payment covers the cost of subject expenses and classmaterials which have been purchased by the school and will be distributed to students throughout the year. This contribution can be paid either by cash or EFPOS at the school or by direct deposit to the school account BSB 063 545 Account No 10076513. Please insert 'sub cont' and family name in the reference field.

LUNCH ORDERS - Attached the Term 3 lunch order form which should be used when placing lunch orders next term. **Please make sure you ring lunch orders through before 10.00am.** If you have any concerns, please direct these to Shaun at the Cafe on 57962536 or avenelcafe@gmail.com.

BOOKCLUB – Orders for the current bookclub are due by 31st July. Thank you.

WANTED: USED TOY DONATIONS

We are looking for high quality toys, books and games to sell at our school fete on November the 18th. If you would like to donate any items that are in an excellent yet used condition, please bring them in to the office ensuring they are clean and ready to sell. Big sellers include Beanie Boos, Hot Wheels cars, Nerf Guns and Barbies.



Student Reports

Prep PK – Math's Focus

This term the students of Prep PK have been busy consolidating our understanding of our number system within 100. The students enjoy hands on experiences where they are given opportunities to explore mathematical concepts and make models of their understandings.

Research shows that maths helps students engage in critical thinking, through strategizing, problem solving, and logical thinking. Developing a concrete understanding of our number system is crucial for developing the ability to solve more complex problems later in life and enhance critical thinking and reasoning skills.

Students participate in Number Fluency where they are given targeted goals to work on independently, for most this is their favourite daily experience. Families can access their child's goals by login into their Seesaw account.



Community Information

You're invited

grand opening for the new
Jubilee Park play equipment

 **Friday, August 11 | 12:30pm**
Jubilee Park, Avenel

*Join Mayor Binks as she officially opens the new Jubilee Park play space.
Join us and create your very own decorated cupcake to enjoy.*



AVENEL TENNIS CLUB NOTICE OF ANNUAL GENERAL MEETING

When - Monday 7th August
Where – Avenel Tennis Clubrooms
Time – 7.00pm

All members and parents of junior members invited to attend.
New members welcome to join us.

It is vital that club and interested members of the general public attend this meeting as we will be discussing the ongoing future of the club.

*Please spread the word so that we have a good attendance?
Thank you.*

Come and hear our local

Avenel Junior Pianists At their recital

When—Sunday 30th July
At 2.00pm

Where—Avenel Hall

A free event for the community.

All welcome.



**EUROA SECONDARY COLLEGE
WELCOMES ALL STUDENTS TO
PARTICIPATE IN A...**

WRITING COMPETITION

There are 3 Categories:

1. Primary Students (150-600 words)
2. Junior Sub School (400-1000 words)
3. Senior Sub School (600-1200 words)

Students are to write a Creative Short Story based on the theme of **RESPECT** or **CHALLENGE**.

Stories are due on Monday 14th August.

There will be a panel of judges to choose the best story in each category.

There are prizes to be won in each category!

Stories will be published and given back to all participating schools and in the local newspaper.

Submit your completed story to and contact Will Lawson if you have any questions: William.Lawson@education.vic.gov.au

JESUS REVOLUTION

Saturday 1 July, 7:30pm | Sunday 2 July, 4pm
 The true story of a national spiritual awakening in the early 1970s and its origins within a community of teenage hippies in Southern California.
 Cast: Kelsey Grammer, DeVon Franklin, Jackson Robert Scott, Julia Campbell
 M | Drama | 120 minutes



THE LITTLE MERMAID (\$5 School Holiday movie)

Wednesday 5 July, 11am (Sensory Screening) and 3pm
 The Little Mermaid is visionary filmmaker Rob Marshall's live-action reimagining of the studio's Oscar®-winning animated musical classic. Ariel, a young mermaid, makes a deal with a sea witch to trade her beautiful voice for human legs so she can discover the world above water and impress a prince.
 PG | Family, Fantasy, Musical | 135 minutes



JOHN FARNHAM: FINDING THE VOICE

Saturday 8 July, 7:30pm | Sunday 9 July, 4pm
 The untold story of an Australian icon, this authorised biopic covers the highs and lows of Farnham's career, culminating in the recording of the album Whispering Jack.
 Cast: Olivia Newton-John, Céline Dion, Robbie Williams, John Farnham, Gaynor Wheatley, Jimmy Barnes, Daryl Braithwaite, Richard Marx
 M | Documentary | 95 minutes



BANK OF DAVE

Saturday 15 July, 7:30pm | Sunday 16 July, 4pm
 Based on the true-life experiences of Dave Fishwick, 'Bank of Dave' tells the story of how a working class Burnley man and self-made millionaire fought to set up a community bank.
 Cast: Hugh Bonneville, Jo Hartley, Phoebe Dynevor, Joel Fry
 M | Comedy, Drama | 108 minutes



SWEET AS

Saturday 22 July, 7:30pm | Sunday 23 July, 4pm
 In remote Pilbara country in Western Australia, troubled 16-year-old Indigenous girl, Murra, finds herself abandoned after an explosive incident with her addict mother.
 Cast: Shantae Barnes-Cowan, Mark Coles Smith, Ngaire Pigram, Carlos Sanson Jr
 M | Drama | 88 minutes | Australian film



FAST X (Community Choice movie)

Saturday 29 July, 7:30pm | Sunday 30 July, 4pm
 The end of the road begins. Fast X, the tenth film in the Fast & Furious Saga, launches the final chapters of one of cinema's most storied and popular global franchises.
 Cast: Vin Diesel, Helen Mirren, Brie Larson, Jason Momoa, Sung Kang, Alan Ritchson, Scott Eastwood, Charlize Theron, Michelle Rodriguez
 M | Action, Thriller | 141 minutes



YOU HURT MY FEELINGS

Saturday 5 August, 7:30pm | Sunday 6 August, 4pm
 A novelist's longstanding marriage is suddenly upended when she overhears her husband giving his honest reaction to her latest book.
 Cast: Julia Louis-Dreyfus, Tobias Menzies, Michaela Watkins, Owen Teague, Jeannie Berlin, Arian Moayed, David Cross, Amber Tamblyn
 MA 15+ | Comedy, Drama | 93 minutes



THE UNLIKELY PILGRIMAGE OF HAROLD FRY

Saturday 12 August, 7:30pm | Sunday 13 August, 4pm
 THE UNLIKELY PILGRIMAGE OF HAROLD FRY is the story of an unremarkable man who sets off on a remarkable journey. Harold lives a life without purpose until he learns an old friend is dying and vows that in walking across England to see her, his journey can keep her alive.
 Cast: Jim Broadbent, Penelope Wilton, Earl Cave
 M | Drama | 108 minutes



NO HARD FEELINGS

Saturday 19 August, 7:30pm | Sunday 20 August, 4pm
 Maddie thinks she's found the answer to her financial troubles when she discovers an intriguing job listing: wealthy helicopter parents looking for someone to "date" their introverted 19-year-old son, Percy, and bring him out of his shell before he leaves for college.
 Cast: Jennifer Lawrence, Andrew Barth Feldman, Laura Benanti
 MA 15+ | Comedy | 103 minutes



AUGUST COMMUNITY CHOICE - Voting opens June 29

Saturday 26 August, 7:30pm | Sunday 27 August, 4pm
 Voting closes 14 July | winner will be announced 15 July on our website and social media
 Vote by visiting this link or phoning 1800 065 993 (BH)
<https://share.strathbogie.vic.gov.au/>



The Euroa Community Cinema is supported by Strathbogie Shire Council and is operated by a dedicated group of volunteers. If you have a suggestion for a movie, please let us know by email at - euroa.cinema@strathbogie.vic.gov.au
 Visit Facebook for local cinema news - facebook.com/euroacommunitycinema



Euroa Community Cinema project on Share Strathbogie:
 To complete our general survey, share your feedback on the cinema and vote for which movies you'd like to see screened in the future, scan the QR code or visit www.share.strathbogie.vic.gov.au

FUNDRAISER

Apple Slicer, Peeler and Corer



The hype around apples has never been so high! Mrs Barri introduced the students to the school apple corer this week and the queues for a springy apple have gotten bigger each day! The excitement is so high we thought we might take this opportunity to carry out our own fundraiser so you can own one at home! You can have one of these nifty little gadgets for the bargain price of \$20! Fill out the form below and make your payment at the office and your order will be placed for delivery in approximately 2 weeks. All funds raised will go directly to Avenel Primary School.

Name: _____

Apple Slicer, Peeler and Corer @\$20 each

Total: \$ _____

Payment Type: bank transfer/cash



Australia Day - should it be on the 26th of January?

Students from Seymour College
debate this topic.

*Please come and support the students
and consider this current issue.
Have a chat and a cuppa afterwards.*

*A survey about the future of Avenel's Australia Day
event will be distributed to all households in the 3664
postcode the following week.*

Sunday, 20 August 2023, 2pm
Avenel Memorial Hall, 15 Queen St, Avenel



